## V. Life-Threatening Allergy Management Plan (LAMP)

Student:	School:	Effective Date:
Date of Birth:	Grade:	Homeroom Teacher:

Dear Parent/Guardian: please provide the information requested below to help us care for your child at school.

- **Part 1** Medical history and contact information. To be completed by parent/guardian.
- **Part 2-** Have your child's physician complete this section unless the physician's office prefers to use his/her own Life Threatening Allergy Management Plan which must include all components.

Please note: A physician's order must be submitted to the school nurse at the beginning of each school year and whenever modifications are made to this plan.

Return completed forms to the school nurse as quickly as possible. Thank you for your cooperation.

PART 1—TO BE COMPLETED BY PARENT/GUARDIAN				
Contact Information:				
Parent/Guardian #1:				
Address:				
Telephone-Home:	Work:	Cell:		
Parent/Guardian #2:				
Address:				
Telephone-Home:	Work:	Cell:		
Other emergency contact:				
Address:	Relationship:			
Telephone-Home:	Work:	Cell:		
Physician treating severe allergy:		Office #:		
Please answer the following q	uestions:			
1. What is your child allergic to?				
2. What age was your child when dia	ignosed?			
3. Has your child ever had a life-threatening reaction?		☐ Yes ☐ N	0	
4. What is your child's typical allergic	reaction?			
5. Does your child have asthma?		☐ Yes ☐ N	0	
6. Does your child know what food/allergens to avoid?		☐ Yes ☐ No	0	
7. Does your child recognize sympton	ms of his/her allergic reaction?	☐ Yes ☐ No	0	
8. Will you be providing meals and snacks for your child at school?			0	
9. Will your child always eat the scho	ool provided breakfast and/or lunch?	☐ Yes ☐ No	0	
10. How does your child travel to sch	nool?	☐ Walk		

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been trained and are under the supervision of the school nurse of				
Sch	ool, to perform and carry out the severe allergy tasks as			
outlined in (Child's name) Life Threatening Allergy Management Plan (LAMP) as ordered by the physician. I understand that I am to provide all supplies necessary for the treatment of my child's severe allergy at school. I also consent to the release of information contained in the LAMP to staff members and other adults who have custodial care of my child and who may need to know this information to maintain my child's health and safety. I also give permission to contact the above named physician regarding my child's severe allergy.				
Parent's Name				
Parent 's Signature	Date			
School Nurse's Name				
School Nurse's Signature	Date			

I give permission to the school nurse and designated school personnel, who have

Every effort possible will be made to keep your child away from the stated allergen, however, this does not guarantee that your child will never come into contact with the stated allergen in the school setting.

## Part 2: Life-Threatening Allergy Management Plan

To be completed by MD: Valid for Current School Year Name: \_\_\_\_\_\_ DOB: \_\_\_\_\_ Weight\_\_\_\_\_ Allergy to: **Asthma:** □ Yes (high risk for severe reaction) □ No □ See Asthma Action Plan **Extremely Reactive to:** If known exposure, give epinephrine immediately and call 911. **Action for Mild Reaction:** Liquid □ diphenhydramine (12.5mg//5ml) p.o. Systems: **Symptoms:** (can be repeated q 4-6 hours) Mouth: itchy mouth  $\Box$  cetirizine (5mg/5ml) p.o. Skin: minor itching "and/or" a few hives (do not repeat) Gut: mild nausea/discomfort Dose: Stay with student. Alert parent. If symptoms worsen then follow steps for major reaction. **Action for a Major Reaction:** (two systems or single severe symptom) Systems: **Symptoms:** swelling of the lips, tongue, or mouth MOUTH tight throat, hoarseness, drooling, trouble swallowing THROAT shortness of breath, repetitive cough and/or wheezing LUNG thready pulse, faint, confused, dizzy, pale, blue **HEART** multiple hives, swelling about the face and neck **SKIN GUT** abdominal cramps, vomiting 1. Inject Epinephrine immediately intramuscularly □ Epipen® □ Epipen® Jr □ Auvi-Q<sup>TM</sup> 0.30mg □ Auvi-Q<sup>TM</sup> 0.15mg □ \_\_\_\_\_ 2. Call RESCUE SQUAD 911 ASK FOR ADVANCED LIFE SUPPORT Students should not suddenly sit up, stand or be placed in the upright position. This increases risk for sudden death. 3. Note time epinephrine was given and repeat dose after 5 minutes if no improvement or worsening symptoms. Antihistamines and inhalers are not first line therapy in a severe reaction. 4. Transport via EMS to the emergency department. **Emergency Contacts:** Parent/Guardian\_\_\_\_\_\_Phone: \_\_\_\_\_ Other emergency contact Phone:

DOCTOR'S SIGNATURE

DATE:

DATE

Parents Signature

<b>Nurses Signature</b>	DATE	Contact number:
Hampton Roads Regional Schools:	Life-Threatening Allerg	y Management Protocol
Part 3: Life	-Threatenin	g Allergy Management Plan (LAMP)
Permission to Carry a	and/or Self-Adr	minister Epinephrine (if appropriate)
Name:		DOB:
been trained in the use administering this med	of the prescribed nication(s). The number of the prescribed is a sed. This child un	this child has a medical history of severe allergic reactions has nedication(s) and is judged to be capable of carrying and self-rese or the appropriate school staff should be notified anytime the nderstands the hazards of sharing medications with others and
Self-Carry		
Self-Administer		
Healthcare Provider Signat	ture P	Print Healthcare Provider name Date
In accordance with the Coo	le of Virginia Sect	ion 22.1-274, I agree to the following:
		its employees liable for any negative outcome resulting from the dication by the student.
restrictions upon a stud	ent's possession ar	ation with the parent(s) may impose reasonable limitations or nd/or self-administration of said emergency medication relative other relevant consideration.
medication at any point	during the school	w permission to possess and self-administer the said emergency year if it is determined the student has abused the privilege of the student is not safely and effectively self-administering the
Parent/Guardian Signature		Date
Student Signature		Date

**Print MD Name:**